



RMOA

SPONSORSHIP PROSPECTUS

2025

WOLLONGONG HOSPITAL
RESIDENT MEDICAL OFFICER
ASSOCIATION



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Welcome

Dear current and prospective partners,

We are pleased to introduce the Wollongong Hospital Resident Medical Officer Association (RMOA) and invite you to collaborate with us in supporting the next generation of medical professionals. This prospectus outlines the values, mission, and activities of our association and details the benefits of partnering with us as a valued sponsor.

The Wollongong Hospital Resident Medical Officers' Association (RMOA) was founded in 2021 and is proudly celebrating its fifth anniversary this year. RMOA is a doctor-led, not-for-profit organization representing over 250 doctors in training. Our members work across multiple hospitals in the Illawarra region, including:

- Wollongong Hospital
- Coledale District Hospital
- Bulli District Hospital
- Port Kembla Hospital
- Shellharbour Hospital
- Shoalhaven District Memorial Hospital
- Milton-Ulladulla Hospital

RMOA is funded through an opt-in membership system, allowing us to provide social events, education and research opportunities, as well as advocacy and wellbeing initiatives for our members.

RMOA promotes social connection and wellbeing through its various mid-term, end of term events. RMOA will be celebrating its fifth anniversary this year with more social events between departments and doctors at different levels of training, including the highly anticipated RMOA ball in September. Additionally, RMOA values educational opportunities and collaborates with Illawarra Critical Care Club to bring its annual Critical Care career fair.

We host a range of events throughout the year, fostering both professional and social connections among our members. Our events include:

- Social Events: Mid-term and end-of-term gatherings, monthly free lunches, and the annual RMOA Ball—a highlight of our social calendar in September.
- Wellbeing Initiatives: Hikes around the picturesque Illawarra region, beach days, coffee catchups, and social sports including tennis, soccer and run clubs, and our inaugural cricket competition between junior doctors and senior staff members.
- Education & Professional Development: Suturing workshops, financial literacy seminars, research opportunities, and our buddy resident-intern mentoring program. We also collaborate with the Illawarra Critical Care Club for the annual Critical Care Career Expo.

Through these activities, we aim to enhance the experience of doctors in training, support their career development, and promote a strong sense of community within the Illawarra region.

OUR MISSION

RMOA is dedicated to fostering social connection, professional development, and overall wellbeing among doctors in training. We achieve this through:

- Organizing networking and social events to enhance collegiality and mental wellness.
- Providing educational opportunities, including career fairs and workshops.
- Advocating for the interests and wellbeing of junior doctors.

WHY PARTNER WITH US?

We are seeking sponsorship partners who share our commitment to supporting medical professionals and improving healthcare. Partnering with RMOA provides direct access to a network of future medical specialists while demonstrating your support for their professional and personal growth.

Sponsorship Benefits

We offer flexible sponsorship opportunities tailored to your brand's goals, including but not limited to:

- Brand Visibility: Logo placement on event materials, social media, our website, and RMOA merchandise.
- Brand Promotion: Verbal acknowledgment at event openings/closings and banner placement.
- Direct Engagement: Networking opportunities, and the ability to distribute materials to attendees.

JOIN US

We look forward to working with you this year to enhance the experience and wellbeing of the next generation of doctors. Please contact us should you have any further questions or any alternative sponsorship proposals; we are very open to negotiation in order to achieve the most valuable partnership for both parties.

Wollongong Hospital RMOA would like to sincerely thank you for your consideration of our prospectus.

Kindest regards,
Dr. Mingchun Liu
RMOA President 2025



Wollongong Hospital RMOA

Committee members



Treasurer
Dr. Walid Hammoud



President
Dr. Mingchun Liu



Vice President
Dr. Kieran Zeng



Secretary
Dr. Sophie Pickavance



Social Officer
Dr. Louis
Britten-Jones



Social Officer
Dr. Claire Yin



Education Officer
Dr. Sambavan
Jeyakumar



Education Officer
Dr. Siobhan O'Brien



Wellbeing Officer
Dr. Sam Hudson



Wellbeing Officer
Dr. Annabelle Chan



IT/Sponsorship
Officer
Dr. Nikhil Balaji



IT/Sponsorship
Officer
Dr. Hayden Lovelock



HETI PGY 1
Dr. Lachlan Mayo



HETI PGY 2
Dr. Anju
Ramanayake



BPT Rep
Dr. Mian Yang



Wollongong
RMOA



Sponsorship Package

■ Bronze Sponsorship Package



- Company logo displayed on the RMOA website and promotional materials.
- Social media shout-outs before, during, and after the event.

\$500

■ Silver Sponsorship Package



- Prominent display of company logo on the RMOA website, promotional materials, and event signage.
- Branding in all marketing materials of our selected events, which includes multiple social media posts.
- Distribution of promotional codes and promotional materials.
- A presentation of your organization to attending event members at one RMOA event of your choice (excluding RMOA ball)

\$1000

■ Gold Sponsorship Package



- Exclusive title sponsor recognition, including company name in the event title.
- Premium logo placement on the event website, promotional materials, event signage, and stage backdrops.
- Distribution of promotional codes and promotional materials.
- Extensive social media campaign highlighting the partnership.
- A presentation of your organization to attending event members at one RMOA event of your choice + at RMOA ball

\$2000



EVENTS FOR 2025

Wollongong Hospital prides itself on the quality and exposure of our events. We have incorporated a variety of events into the 2025 program and need your support for their continued success. Please note this prospectus does not contain an exhaustive list of all RMOA events and some event details, including dates, may be modified.

RMOA social calendar launch event

March 2025

Expected number: 50

Costs: Venue, catering

Event overview: The RMOA Social Calendar Launch Event is the first official gathering of RMOA, unveiling the much-anticipated social calendar. As interns settle into their hospital roles, this event provides an opportunity to connect with peers, residents, and registrars in a relaxed setting.

Critical Care Careers Fair

March 2025

Expect number: 50

Costs: Catering, tokens of gratitude for keynote speakers

Event overview: The Critical Care Careers Fair provides information on training pathways in Anaesthetics, Intensive Care Medicine, Emergency Medicine, Rural and Remote Medicine, and Retrieval Medicine. Attendees will have the opportunity to network with consultants and trainees in critical care, gaining insights into career progression, training requirements, and professional opportunities in these high-intensity fields.

Money & Medicine – A Guide for Junior Doctors

June 2025

Expect number: 50

Costs: Catering, token for keynote speakers

Event overview: This event covers essential topics such as budgeting on a full-time salary, salary packaging, financial investments, and saving for a house deposit. This session provides practical guidance to help attendees make informed financial decisions and build a secure financial future.

RMOA Ball

September 2025

Expect number: 100 (up to 300 if hospital wide ball)

Costs: Venue, catering, photographer, DJ

Event overview: The annual RMOA Ball is the most highly anticipated event of the year, bringing together RMOs, colleagues, and friends for an unforgettable evening of celebration. Held at a premier local venue, the night features a luxurious three-course meal, a drinks package, and professional photography to capture the special moments. Attendees will have the chance to dress up, enjoy great company, and celebrate their hard work in style.

ISLHD 3MT Competition

October 2025

Expected number: 30

Costs: Catering, tokens of gratitude for judges, prize for winner

Event overview: This is a dynamic event where junior doctors and registrars showcase their research in a Three Minute Thesis (3MT) format. Participants present their work in just three minutes with a single static slide to an audience of peers and esteemed consultants. Judges provide valuable feedback, helping to refine presentation skills and highlight the latest advancements in research. This event fosters networking, professional growth, and knowledge exchange, with the best speaker receiving a generous prize.

End of Year Cocktail Night

December 2025

Expected number: 50 (if inter-hospital then estimated 100-200)

Costs: Venue, catering, photographer, DJ

Event overview: This festive gathering brings together everyone to unwind, reflect on a year of hard work, and enjoy the holiday spirit. RMOA Wollongong is exploring a joint celebration with hospitals south of Sydney, creating a fantastic opportunity to build inter-hospital relationships, network with colleagues, and strengthen professional connections in a relaxed and joyful setting.

Farewell/Welcome drinks

January 2026

Expect number: 50

Costs: Venue, catering

Event overview: The Welcome & Farewell Drinks is an annual tradition marking the start of a new training year. It's a chance to welcome the incoming interns at the end of their orientation week and help them connect with transitioning residents. This event also serves as a farewell to those leaving Illawarra, offering an opportunity to celebrate their contributions and wishing them well in their next endeavors. A relaxed and social evening to connect, reflect, and celebrate new beginnings and farewells!

Other events

WELLBEING

Monthly lunches
Yoga
Hikes
Spa day

SOCIAL SPORTS

Run club
Tennis club
Soccer club

Junior vs senior staff
cricket competition

EDUCATION

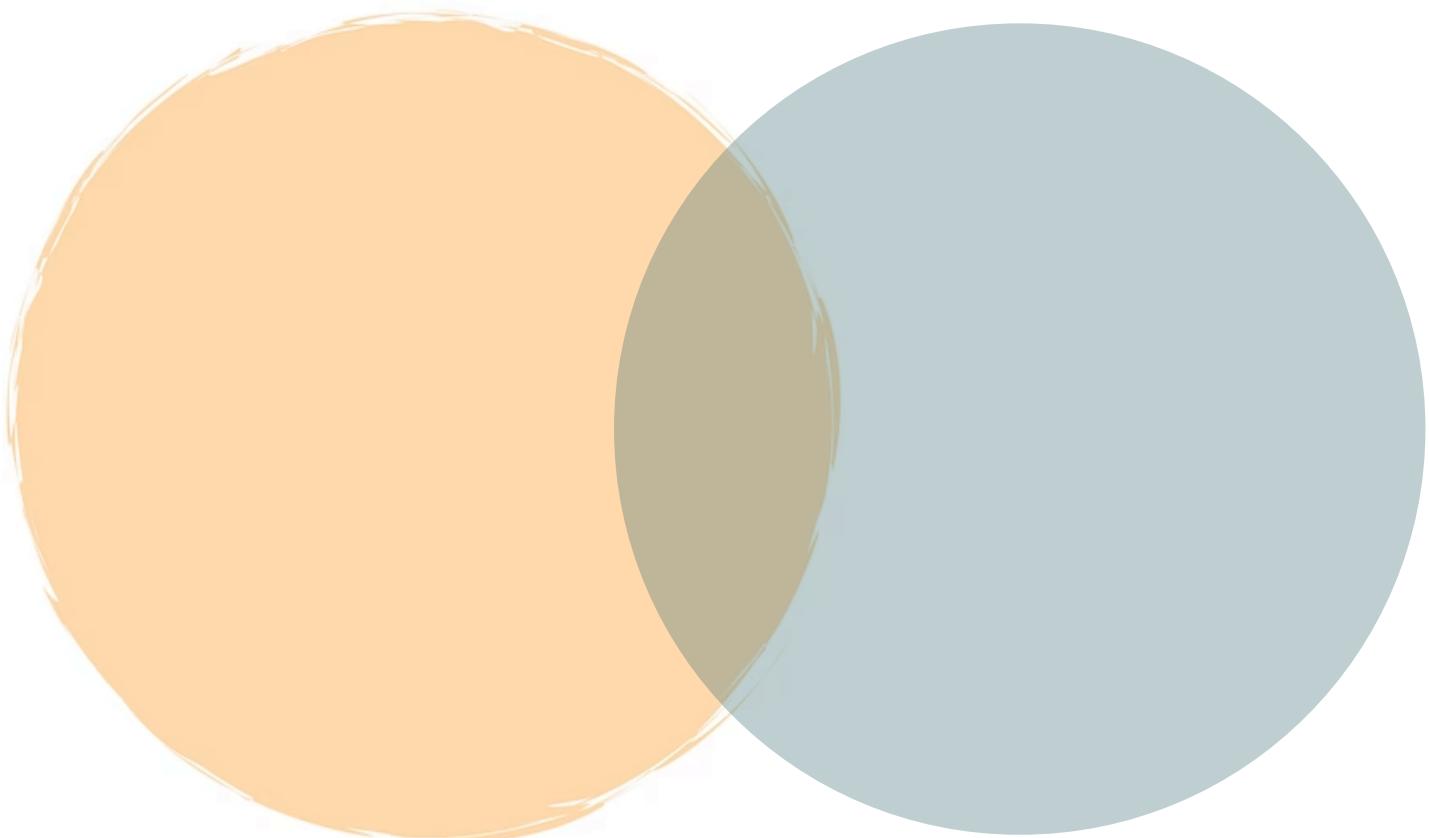
Buddy resident-intern
mentoring program
Suturing workshop
Alternative pathways
in medicine

WHAT WE CAN DO FOR YOUR ORGANISATION?

Sponsoring RMOA Wollongong is a great way to connect with over 250 doctors in training and many leading specialists in their fields while gaining visibility in the medical community. The Illawarra Shoalhaven Local Health District (ISLHD) serves a population of over 400,000 people, covering a vast coastal region from Helensburgh to North Durras.

WHY WE VALUE YOU?

We strongly believe in our not-for-profit structure, and this is at the core of our organizational values. As such, our sponsors play an integral role in supporting us, both financially and otherwise. With your support, we can create more events that promote work-life balance for doctors working in the Illawarra, helping to attract and retain more physicians in the area. Your sponsorship directly contributes to building a stronger, more connected medical workforce while giving your organization the opportunity to engage with future healthcare leaders.





CONTACT US

For all sponsorship bookings and enquiries,
please contact



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<https://www.twhrmoa.com/>



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Want something particular? Personalisation can be
made to any of our packages, just get in-touch!